

**Total No. of Pages: 2**

**TERM END EXAMINATION - JUNE, 2018  
CERTIFICATE IN GERIATRIC CARE  
CGC-01: BASIC GERIATRIC CARE**

**Time - 3 hours**

**Full Mark – 100**

**(Answer all questions form Group-A , any four questions from Group -‘B’, any four questions from Group -‘C’ and any two questions from Group -‘D’)**

**GROUP-A**

**(1x10=10)**

**Q.No.1 (Multiple choice questions. Answer all questions)**

A. Multi disciplinary team means, health care workers from-

- i. Same discipline
- ii. Different discipline
- iii. Any two discipline
- iv. none of the above

B. Study of mechanism of drug action is-

- i. Pharmacokinetic
- ii. Pharmacodynamics
- iii. Polypharmacy
- iv. All of the above

C. A relationship between two individuals without any feelings or sexual desire for each other is called as-

- i. Friendship
- ii. Love
- iii. platonic relationship
- iv. Family

D. Revealing true personal experiences about the self is known as-

- i. Summarizing
- ii. Self disclosure
- iii. Clarifying
- iv. Providing information

E. The study of ageing is –

- i. Gerontology
- ii. Epistemology
- iii. Oncology
- iv. Anthropology

F. Changes of musculoskeletal system include all the following except-

- i. Decreased joint mobility
- ii. Decreased immunity response
- iii. Osteoporosis
- iv. Decreased muscle tone

G. Sunlight is rich in vitamin

- i. Vitamin-A
- ii. Vitamin-D
- iii. Vitamin-E
- iv. Vitamin-K

H. Angina is called

- i. Thickening of arterial wall
- ii. Hemorrhage in the heart
- iii. Inadequate blood supply to the heart muscle.
- iv. Accumulation of fatty deposits in the inner most layer of coronary arteries

I. TB is caused by

- |                               |                         |
|-------------------------------|-------------------------|
| i. Mycobacterium tuberculosis | ii. Influenza           |
| iii. Mycoplasma pneumonia     | iv. Clostridium species |

J. The process of helping the client to choose right job known as-

- |                          |                       |
|--------------------------|-----------------------|
| i. Educational guidance  | ii. Personal guidance |
| iii. Vocational guidance | iv. Marital guidance  |

### GROUP-B

**Q.No.2. Answer any FOUR questions each within 50 words**

**(5x4=20)**

- What are the benefits of physical activity in elderly?
- What are the common drug adverse effects in elderly?
- How to care a person with short term memory loss?
- What are the Guidelines of breast self examinations, for an elderly woman?
- What are the factors affecting nutrition in elderly?
- What do you mean by Elements of communication?

### GROUP-C

**Q.No.3 Answer any FOUR questions each within 200 words**

**(10x4=40)**

- Discuss the facts and myths about ageing.
- Explain the ten rights of administration of drugs?
- What do you mean by Guidance and Counselling. Explain the role of health care providers in guidance and counseling of an elderly.
- Define ageing, and explain the physiology of ageing process.
- What are the signs & symptoms of dehydration? Describe the management of dehydration?
- What are the common skin conditions in elderly. Explain.

### GROUP-D

**Q.No.4 Answer any TWO questions each within 250 words**

**(15x2=30)**

- Define Alzheimer's disease and explain the nursing care of an elderly patient admitted with Alzheimer's disease?
- Define geriatric care, enlist the various theories of ageing and describe any one of them?
- Define nurse- patient relationship and describe the phases of nurse patient relationship?
- Describe multidisciplinary team care and enlist the members and their role in the team?