



ଓଡ଼ିଶା ରାଜ୍ୟ ମୁକ୍ତ ବିଶ୍ୱବିଦ୍ୟାଳୟ, ସମ୍ବଲପୁର, ଓଡ଼ିଶା  
Odisha State Open University, Sambalpur, Odisha  
Established by an Act of Government of Odisha.

# ASSIGNMENT – 1 to 2

*for*

**January 2018 Admission Session**

## **CERTIFICATE IN GERIATRIC CARE (CGC)**

Please read the instructions carefully before attempting assignment questions.

## INSTRUCTIONS

Dear Learner,

Welcome to the Certificate Programme in Geriatric Care offered by Odisha State Open University, Sambalpur.

You are required to submit one assignment per course within the stipulated time in order to become eligible to appear in the term-end examination. The assignments will be evaluated by the counselors at your Study Centre. Please submit your assignment response to Coordinator of the Study Centre. Before you attempt the assignments, please go through the course materials carefully. Please read the instructions pertaining to an assignment before you start writing your answer. Do not copy from the course material or from any other source. You are advised to read the material carefully, understand the same and write answers in your own language and style so that you will get good marks/grades.

### **Purpose of Assignments:**

1. Assignments are part of the continuous evaluation process in Open and Distance Learning (ODL) system. Due weightage is given to the marks/grades you obtain in assignments. This will help you for better performance in the term-end examination. If you secure good grades/marks in assignments, your overall performance will improve.
2. Assignments are also a part of the teaching-learning process in ODL. Your assignment, after evaluation, will be returned back to you with specific and general comments by the evaluator. This will help you to know your strength as well as your weakness. Thus, it will establish a two-way communication between learner and evaluator.

### **How to write assignments:**

1. Write your name, programme code, course title, enrolment no. and study centre code in the top sheet of the assignment answer booklet.
2. Write the answers in your handwriting. Give sufficient margin in the left side of each page so that the evaluator will give comments on each paragraph/page.
3. Do not cross the word limit given in each question.
4. Your handwriting should be neat and readable.

### **Weightage for each assignment:**

1. Each assignment will carry 25% weightage and term-end examination will carry 75% weightage.
2. Each assignment will be of 100 marks. But it will carry 25% weightage.
3. You have to score minimum pass mark i.e. 40% in each assignment. In case you do not submit assignment or get fail mark in assignment you have to re-submit in the next year.

***SUBMISSION DATES FOR ASSIGNMENTS***

<b>Sl. No. of Paper</b>	<b>Name of the Paper</b>	<b>Date of Submission</b>	<b>Day as per Calendar</b>
<b>CGC-01</b>	<b>Basic Geriatric Care</b>	<b>15<sup>th</sup> April 2018</b>	<b>Sunday</b>
<b>CGC-02</b>	<b>Geriatric Care Nursing</b>	<b>22<sup>nd</sup> April 2018</b>	<b>Sunday</b>

## **ASSIGNMENT 01**

**Full Mark: 100**

**Course Code: CGC-01**

**Course Title: Basic Geriatric Care**

**A) Each question carry 20 Marks:**

**Word limit: 500 words**

1. What is the importance of theories of ageing? Explain in detail about the Sociologic and Psychologic theories of ageing?
2. What do you understand by Geriatric Medicine Strategy? What are the various factors influencing drug actions in elderly? What are the common drugs used for common ailments in elderly?

**B) Each question carry 10 Marks:**

**Word limit: 250 words**

1. How are you going to assess the nutritional status of an adult? What are the dietary modifications required in old age to prevent diet related diseases?
2. What do you mean by Depression? What are the clinical practice guidelines to be followed for depression in Long term care?
3. What are the various skills required in old age to develop good interpersonal relationship?

**C) Each question Carry 5 Marks:**

**Word limit: 100 words**

1. Write in brief about the changes in Integumentary system in ageing.
2. What are the various effects of ageing in communication?
3. What do you understand by NCD Clinics?
4. What are the various health related consequence of elder abuse?
5. Write a note on Pressure sores.
6. What are the various types of Urinary Incontinence?

## **ASSIGNMENT 02**

**Full Mark: 100**

**Course Code: CGC-02**

**Course Title: Geriatric Care Nursing**

**A) Each question carry 20 Marks:**

**Word limit: 500 words**

1. Define Geriatrics? What is its scope and importance? Write in detail about the assessment of an elderly patient?
2. Define Nursing Process. What are the characteristics of Nursing Process? Explain the various steps of Nursing Process

**B) Each question carry 10 Marks:**

**Word limit: 250 words**

1. Describe in details about the levels of Geriatric Care
2. What do you understand by Clock drawing test? How it is administered? Explain its relevance in Alzheimer's disease.
3. Write in detail about the Counselling process.

**C) Each question carry 5 Marks:**

**Word limit: 100 words**

1. Describe in brief about Assisted living.
2. What are the different types of delusions?
3. What are the various areas to be focused and examined during the physical assessment of an elderly?
4. What do you mean by Activities of daily living?
5. What is the importance of Nursing Interventions?
6. What are the interventions to be carried out in an elderly suffering from Dehydration?