



ଓଡ଼ିଶା ରାଜ୍ୟ ମୁକ୍ତ ବିଶ୍ୱବିଦ୍ୟାଳୟ, ସମ୍ବଲପୁର, ଓଡ଼ିଶା
Odisha State Open University, Sambalpur, Odisha
Established by an Act of Government of Odisha.

ASSIGNMENT – 1 to 2

SESSION: 2018 (July 2018)

CERTIFICATE IN GERIATRIC CARE

(CGC)

Please read the instructions carefully before attempting assignment questions.

INSTRUCTIONS

Dear Learner,

Welcome to the Certificate Programme in Geriatric Care offered by Odisha State Open University, Sambalpur.

You are required to submit one assignment per course within the stipulated time in order to become eligible to appear in the term-end examination. The assignments will be evaluated by the counselors at your Study Centre. Please submit your assignment response to Coordinator of the Study Centre. Before you attempt the assignments, please go through the course materials carefully. Please read the instructions pertaining to an assignment before you start writing your answer. Do not copy from the course material or from any other source. You are advised to read the material carefully, understand the same and write answers in your own language and style so that you will get good marks/grades.

Purpose of Assignments:

1. Assignments are part of the continuous evaluation process in Open and Distance Learning (ODL) system. Due weightage is given to the marks/grades you obtain in assignments. This will help you for better performance in the term-end examination. If you secure good grades/marks in assignments, your overall performance will improve.
2. Assignments are also a part of the teaching-learning process in ODL. Your assignment, after evaluation, will be returned back to you with specific and general comments by the evaluator. This will help you to know your strength as well as your weakness. Thus, it will establish a two-way communication between learner and evaluator.

How to write assignments:

1. Write your name, programme code, course title, enrolment no. and study centre code in the top sheet of the assignment answer booklet.
2. Write the answers in your handwriting. Give sufficient margin in the left side of each page so that the evaluator will give comments on each paragraph/page.
3. Do not cross the word limit given in each question.
4. Your handwriting should be neat and readable.

Weightage for each assignment:

1. Each assignment will carry 25% weightage and term-end examination will carry 75% weightage.
2. Each assignment will be of 100 marks. But it will carry 25% weightage.
3. You have to score minimum pass mark i.e. 40% in each assignment. In case you do not submit assignment or get fail mark in assignment you have to re-submit in the next year.

SUBMISSION DATES FOR ASSIGNMENTS

Sl. No. of Paper	Name of the Paper	Date of Submission	Day as per Calendar
CGC-01	Basic Geriatric Care	18th November 2018	Sunday
CGC-02	Geriatric Care Nursing	25th November 2018	Sunday

ASSIGNMENT 01

Full Mark: 100

Course Code: CGC-01

Course Title: Basic Geriatric Care

GROUP-‘A’

A) Each question carry 1 Marks:

Mark: 1 × 10= 10

1. What do you mean by Disengagement Theory?
2. How is the Energy requirement calculated?
3. What is Hypertension?
4. What do you mean by Dementia?
5. What is Geriatric Giants?
6. What do you mean by Multidisciplinary care?
7. What do you mean by Hospice Care?
8. Define Health
9. What is the role of Helpage India?
10. What do you mean by Urinary Incontinence in elderly?

GROUP ‘B’

B) Each question Carry 5 Marks: (Word Limit: 50 Words)

Mark: 5 × 4= 20

1. What are the ways to increase physical activity?
2. Write Notes on Gerotranscendence.
3. What are the various effects of ageing in communication?
4. What do you understand by Respite Care?
5. Brief about Elder Violence and abuse and its prevention? Write a note on Pressure sores.
6. What are the various types of Urinary Incontinence?

GROUP-‘C’

C) Each question carry 10 Marks: (Word Limit: 200 Words) **Mark: 10 × 4= 40**

1. How are you going to assess the nutritional status of an adult? What are the dietary modifications required in old age to prevent diet related diseases?
2. What are the reasons of drug related problem in an elderly?
3. What are the various facilities provided in an old age home?
3. What is the effect of ageing on Cardiovascular System and Respiratory System?

GROUP-D

D) Each question carry 15 Marks: (Word Limit: 250 Words) **Mark: 15 × 2= 30**

1. What is Ageing Process? What are the factors that affect Ageing Process?
2. What is the effect of ageing in communication? What steps should be taken to facilitate communication in diseased elderly?

ASSIGNMENT 02

Full Mark: 100

Course Code: CGC-02

Course Title: Geriatric Care Nursing

GROUP-‘A’

A) Each question carry 1 Marks:

Mark: 1 × 10= 10

1. What do you mean by Geropsychology?
2. What do you mean by Polypharmacy?
3. Define Geriatric Care.
4. What is MSE?
5. Enumerate the types of hallucinations?
6. What do you mean by percussion?
7. What do you mean by Activities of Daily Living?
8. Enumerate the various forms of social support in an elderly?
9. What is Bower classification of Intervention?
10. Enumerate the levels of Geriatric Care?

GROUP ‘B’

B) Each question Carry 5 Marks: (Word Limit: 50 Words)

Mark: 5 × 4= 20

1. What are the factors affecting nutrition in the elderly?
2. Write short notes on Clock Drawing Test?
3. What are the essentials of psychological assessment of an elderly?
4. What are the reasons for lengthening of Life Expectancy?
5. What are the principles of Geriatric Care?
6. What are the common medical problems in ageing?

GROUP-‘C’

C) Each question carry 10 Marks: (Word Limit: 200 Words) **Mark: 10 × 4= 40**

- 1 What are the health care settings required for the provision of the Geriatric Care
- 2 What are the different phases of the Nursing Process? Explain about the Implementation phase?
- 3 Write about the Nursing management of elderly with sleep disturbances? 3. Write in detail about the Counselling process.
- 4 What are the interventions to be carried out in an elderly suffering from Dehydration?

GROUP-D

D) Each question carry 15 Marks: (Word Limit: 250 Words) **Mark: 15 × 2= 30**

1. What are the principles of Gerontologic Nursing? What criteria should be considered for assessment of an Elderly Patient?
 2. What is the meaning and types of Counseling in older adults? What adaptations in the counselling process aids for maximum benefit to the elderly? Write requirement of counselling in Elderly women?
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