



ଓଡ଼ିଶା ରାଜ୍ୟ ମୁକ୍ତ ବିଶ୍ୱବିଦ୍ୟାଳୟ, ସମ୍ବଲପୁର, ଓଡ଼ିଶା  
Odisha State Open University, Sambalpur, Odisha  
Established by an Act of Government of Odisha.

# ASSIGNMENTS

## Certificate in Geriatric Care (CGC)

**SESSION: 2019-20**

### SUBMISSION DATES FOR ASSIGNMENTS

| Sl. No. | Course Code | Name of the Course     | Last Date of Submission                     |
|---------|-------------|------------------------|---|
| 1       | CGC-01      | Basic Geriatric Care   | <b>Sunday, 3<sup>rd</sup> November 2019</b> |
| 2       | CGC-02      | Geriatric Care Nursing | <b>Sunday, 3<sup>rd</sup> November 2019</b> |

Please read the instructions carefully before attempting assignment questions.

# INSTRUCTIONS FOR DOING ASSIGNMENTS

Dear Learner,

You are required to submit your assignment response within the stipulated time in order to become eligible to appear in the term-end examination. The assignments will be evaluated by the counsellors at your Study Centre. Please submit your assignment response to the Coordinator of your Study Center. For a 4 credit course, there is one Assignment and for 6/8 credit course, there must be minimum 02(two) Assignment.

## **Purpose of Assignments:**

1. Assignments are part of the continuous evaluation process in Open and Distance Learning (ODL) system. Due weightage is given to the marks/grades you obtain in assignments. This will help you for better performance in the term-end examination. If you secure good grades/marks in assignments, your overall performance will improve.
2. Assignments are also a part of the teaching-learning process in the ODL system. Your assignment, after evaluation, will be returned back to you with specific and general comments by the evaluator. This will help you to know your strength as well as your weakness. Thus, it will establish two-way communication between learner and evaluator.

## **How to Write Assignments:**

Please read the instructions for writing the response of an assignment before you start writing your answer.

1. Write your name, programme code, the course title, enrolment no. and study centre name with code in the top sheet of the assignment answer booklet. the format is given below.

**PROGRAMME TITLE:** \_\_\_\_\_

**ENROLMENT No.:** \_\_\_\_\_ **NAME:** \_\_\_\_\_

**ADDRESS:** \_\_\_\_\_

**COURSE CODE:** \_\_\_\_\_ **COURSE TITLE:** \_\_\_\_\_

**ASSIGNMENT CODE:** \_\_\_\_\_ **STUDY CENTRE:** \_\_\_\_\_

**DATE:** \_\_\_\_\_ **SIGNATURE:** \_\_\_\_\_

2. Before attempting the assignments, please go through the course materials carefully, understand the same and write answers in your own language and style.
3. **Write the answers in your own handwriting.** Give sufficient margin in the left side of each page so that the evaluator will give comments on each paragraph/page.
4. Your handwriting should be neat and readable.

## **Weightage for each Assignments:**

### **For courses without having Practical**

1. Each Theory Assignment will carry 25% weightage and term-end examination will carry 75% weightage.
2. Each assignment will be of 100 marks. But it will carry 25% weightage.
3. You have to score minimum pass mark i.e. 40% or P (Pass) Grade in 10-point scale for each assignment. In case you do not submit the assignment or get fail mark in the assignment you have to re-submit in the next year.

### **For courses having Practical**

1. Each Theory Assignment will carry 15% weightage and each Practical Assignment will carry 10% weightage and term-end examination will carry 75% weightage.
2. Each assignment will be of 100 marks. But it will carry 25% weightage.
3. You have to score minimum pass mark i.e. 40% in each assignment. In case you do not submit the assignment or get fail mark in the assignment you have to re-submit in the next year.

**ASSIGNMENTS**  
**CGC-01**  
**BASIC GERIATRIC CARE**

**Full Mark – 100**

*(Answer all the questions, which is Compulsory)*

**GROUP- 'A'**

**Q. No. 1 Answer within one word or one sentence each**

**Marks: 1 × 10= 10**

- a) DHEA
- b) HDL
- c) What are the signs of Malnutrition in elderly?
- d) Gero transcendence
- e) Analgesics
- f) Pharmacodynamics
- g) Polypharmacy
- h) NCD Clinics
- i) Atherosclerosis
- j) Hypertension

**Group 'B'**

**Q. No 2. Short answer-type Questions (Word Limit: 100 Words)**

**Marks: 5 X 4 = 20**

- a) What are the components of Nutritional Assessment ?
- b) What are the types of physical exercise prescribed in elderly ?
- c) What are the various types of therapy to manage depression in elderly?
- d) What are the effects of ageing in communication?
- e) What do you mean by Client-Centered Care?

**Group 'C'**

**Q. No 3. Medium answer-type Questions (Word Limit: 200 Words)**

**Marks: 10 X 4 = 40**

- a) What do you understand by Ageing Process? What is the effect of Ageing in Endocrine System?
- b) What are the causes and prevention of Taste Loss in Elderly Patients?
- c) What are the factors influencing drug actions in elderly?
- d) What is the difference between Hospice Care and Respite Care?

**Group 'D'**

**Q. No 4. Long answer-type Questions (Word Limit: 300 Words)**

**Marks: 15 X 2 = 30**

- a) Explain in detail about Theories of Ageing
- b) Write in detail about the care of the Patient with Alzheimer's Disease, Dementia, Delirium and Depression?

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**ASSIGNMENTS**  
**CGC-02**  
**GERIATRIC CARE NURSING**

**Full Mark – 100**

*(Answer all the questions, which is Compulsory)*

**GROUP- 'A'**

**Q. No. 1 Answer within one word or one sentence each**

**Marks: 1 × 10= 10**

- a) Gerontology
- b) Geriatric Care
- c) Assisted Living
- d) Clock Drawing Test
- e) Geriatric Depression Scale
- f) Mini Cog
- g) Palpation
- h) Special Populations
- i) Atherosclerosis
- j) Hypertension

**Group 'B'**

**Q. No 2. Short answer-type Questions (Word Limit: 100 Words)**

**Marks:5 X 4 = 20**

- a) What are the various levels of Geriatric Care?
- b) What do you mean by Menta Status Examination?
- c) What are the various factors causing risk for suicide among elderly ?
- d) Decribe in brief about the Assessment Phase of nursing process?

**Group 'C'**

**Q. No 3. Medium answer-type Questions (Word Limit: 200 Words)**

**Marks: 10 X 4 = 40**

- a) What are the health care settings required for providing Geritric Care ?
- b) Describe the scaling system of Neecham Confusion Scale.
- c) Explain Geriatric Care of Daily Living?
- d) What are the various types of counselling of older adults?

**Group 'D'**

**Q. No 4. Long answer-type Questions (Word Limit: 300 Words)**

**Marks: 15 X 2 = 30**

- a) What are the various approaches to an Elderly Patient?
- b) Write a detaic care plan for an elderly suffering from Cardiac Disease?

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